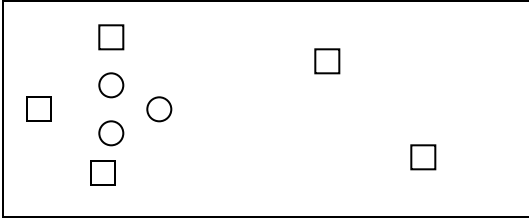
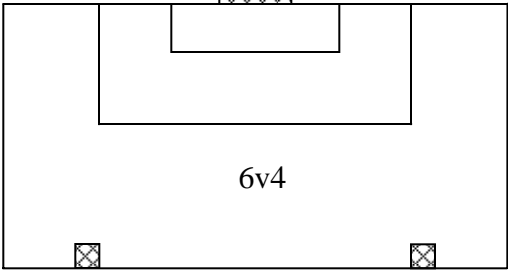
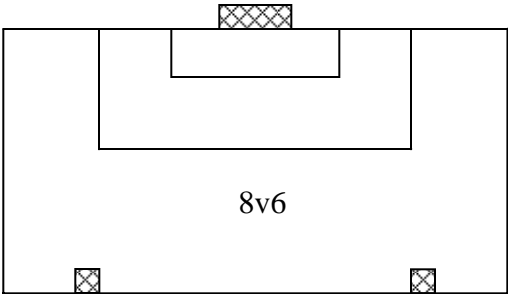
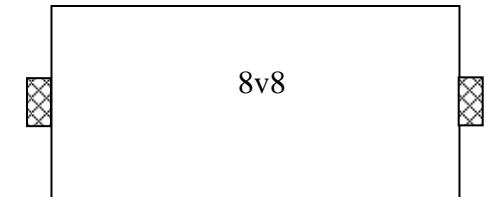




Name: Matt Callahan

Topic: Tactical Functional – Twin strikers in attack

Date:

UNRESTRICTED SPACE – WARM UP	ORGANIZATION	KEY COACHING POINTS
	<ul style="list-style-type: none"> ▪ Have two teams of 8 ▪ Play 5v3 in a rectangle ▪ Substitute in players that are not playing 	<ul style="list-style-type: none"> ▪ Combination play ▪ Ability to create space for themselves and others ▪ Appropriate supporting angles ▪ Positioning – one forward near while the other keeps the depth <ul style="list-style-type: none"> ○ As the ball is played from side to side the two forwards switch roles
<p style="text-align: center;">RESTRICTED SPACE</p>  <p style="text-align: center;">6v4</p>	<ul style="list-style-type: none"> ▪ Play 6v4+GK in one half of the field ▪ The team of 6 attacks the goal and the team of 4+GK attacks two small counter goals placed around the half line ▪ Play for a set amount of time ▪ Show the players different patterns of play utilizing two forwards <p>Progressions: Start by having the defenders only playing defense, progress to them getting to counter attack to the small goals</p>	<ul style="list-style-type: none"> ▪ Combination play ▪ Timing of runs to get behind the defense ▪ Ability to create space for themselves and others ▪ Appropriate supporting angles ▪ Always moving – curl out after making a run and not receiving the ball ▪ Other forward checks to then
<p style="text-align: center;">ONE GOAL WITH COUNTER</p>  <p style="text-align: center;">8v6</p>	<ul style="list-style-type: none"> ▪ Play 8v6+Gk ▪ The team of 8 attacks the goal, the team of 6+GK attacks two small counter goals placed around the half line ▪ Play for a set amount of time <p>Progressions: Add a defender</p>	<ul style="list-style-type: none"> ▪ Combination play ▪ Timing of runs to get behind the defense ▪ Ability to create space for themselves and others ▪ Appropriate supporting angles ▪ Always moving – curl out after making a run and not receiving the ball <ul style="list-style-type: none"> ○ Other forward checks to then
<p style="text-align: center;">GAME – TWO GOALS</p>  <p style="text-align: center;">8v8</p>	<ul style="list-style-type: none"> ▪ Play 8v8 ▪ The goals for an 8v8 game should be placed on the top of the penalty box on each end of the field ▪ Have the team you are coaching play a 2-4-2 against a 3-3-2 	<ul style="list-style-type: none"> ▪ Combination play ▪ Timing of runs to get behind the defense ▪ Ability to create space for themselves and others ▪ Appropriate supporting angles ▪ Always moving – curl out after making a run and not receiving the ball ▪ Other forward checks to then